

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:30	PilatesE1 45'	Virtual cyclingE2 45'	V-YogaE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
08:30	Virtual cyclingE2 45'		Virtual cyclingE2 45'				
09:30	GAPE1 45'	PilatesE1 45'	V-PowerE1 45'	V-HybridBOX 30'	ZumbaE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
10:30	V-YogaE1 45'	GAPE1 45'	ZumbaE1 45'	V-BoxingE1 45'	PilatesE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
11:00						V-PowerE1 45'	
11:30	Virtual cyclingE2 45'	ZumbaE1 45'	Virtual cyclingE2 45'	V-YogaE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30		Virtual cyclingE2 45'		Virtual cyclingE2 45'			
12:00						PilatesE1 45'	
13:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
13:45	ABSBBOX 15'		ABSBBOX 15'				
14:00	V-HybridBOX 30'		V-HybridBOX 30'				
14:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'		
14:30	V-PowerE1 45'	V-BoxingE1 45'	GAPE1 45'	cyclingE2 45'	V-PowerE1 45'		
15:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
17:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	
17:30	PilatesE1 45'	GAPE1 45'	ZumbaE1 45'	V-YogaE1 45'			
18:15	cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:30	V-PowerE1 45'	V-YogaE1 45'	V-BoxingE1 45'	V-PowerE1 45'	GAPE1 45'		
18:45	V-HybridBOX 30'	V-CrossBOX 30'	V-HybridBOX 30'	V-HybridBOX 30'			
19:15	cyclingE2 45'	ABSBBOX 15'	cyclingE2 45'	ABSBBOX 15'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:15	ABSBBOX 15'	Power cyclingE2 45'	ABSBBOX 15'	Virtual cyclingE2 45'			
19:30	ZumbaE1 45'	V-PowerE1 45'	PilatesE1 45'	V-BoxingE1 45'			
19:45	V-CrossBOX 30'	V-HybridBOX 30'	V-CrossBOX 30'				
20:15	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:30	GAPE1 45'	V-BoxingE1 45'	V-PowerE1 45'				
21:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym PASEO DE LA HABANA - Válido desde el 5 de octubre



RESERVA TU CLASE

DESDE

TU ÁREA

DE CLIENTE EN

VIVAGYM.COM

O EN LA APP

- CUERPO-MENTE

CARDIO

CYCLING

TONIFICACIÓN

COREOGRAFIADAS

FUNCIONAL

ABDOMINALES
- CUERPO-MENTE VIRTUAL

CARDIO VIRTUAL

CYCLING VIRTUAL

TONIFICACIÓN VIRTUAL