

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15		Virtual cyclingE2 45'		Virtual cyclingE2 45'			
07:15		Virtual cyclingE2 45'		Virtual cyclingE2 45'			
08:15				Virtual cyclingE2 45'			
08:30	cyclingE2 45'	V-FightE1 45'	V-PowerE1 45'	V-BoxingE1 45'			
09:30	V-BoxingE1 45'	ZumbaE1 45'	cyclingE2 45'	V-YogaE1 45'	V-PowerE1 45'		
10:00				Virtual cyclingE2 45'			
10:30	V-PowerE1 45'	PilatesE1 45'	GAP E1 45'	ZumbaE1 45'	PilatesE1 45'		
11:00				Virtual cyclingE2 45'		V-PowerE1 45'	
11:30	V-YogaE1 45'	V-PowerE1 45'	PilatesE1 45'	GAP E1 45'			
12:00				Virtual cyclingE2 45'		CyclingE2 45'	
13:00				Virtual cyclingE2 45'			
14:15	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'			
14:30	V-PowerE1 45'	GAP E1 45'	V-CrossSOF 30'		V-PowerE1 45'		
15:30			Virtual cyclingE2 45'	Virtual cyclingE2 45'			
17:00			Virtual cyclingE2 45'	Virtual cyclingE2 45'			
17:30	V-FightE1 45'	ZumbaE1 45'	PilatesE1 45'		V-PowerE1 45'		
17:45	V-HybridBOX 30'	V-CrossSOF 30'		V-CrossSOF 30'			
18:00		cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'			
18:15	ABSSOF 15'			ABSSOF 15'			
18:30	V-BoxingE1 45'	V-FightE1 45'	GAP E1 45'	V-PowerE1 45'	ZumbaE1 45'		
19:00	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'			
19:15	V-HybridBOX 30'		V-HybridBOX 30'				
19:30	PilatesE1 45'	V-PowerE1 45'	V-FightE1 45'	PilatesE1 45'	GAP E1 45'		
19:45	ABSSOF 15'						
20:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'			
20:15		V-HybridBOX 30'					
20:30	V-PowerE1 45'	V-YogaE1 45'	V-BoxingE1 45'	V-FightE1 45'			
20:45		ABSSOF 15'					
21:00	V-CrossSOF 30'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'			

VivaGym TRES FORQUES - Válido desde el 5 de octubre

